

www.lowcountrymhconference.com

In-Person and Virtual Options!

10 YRS

27th - 29th
-
JULY
-
2022

A special thanks to



- Up to 15.25 contact hours -
- July 27th Pre-Conference -
- Lunch Workshop Sessions -
- Musical & Comedic Performances -
- And so much more!! -

The Lowcountry Mental Health Conference

Our 10 Year Anniversary Celebration!

GAILLARD PERFORMANCE CENTER
95 CALHOUN STREET, CHARLESTON, SC



Join our 10 Year Anniversary Celebration!

We offer **in-person** and **virtual registration** options for Counselors, Social Workers, Addiction Specialists, Psychologists, Psychiatrists, Nurses, Educators and more!

www.lowcountrymhconference.com/register

AGENDA

July 27th

Preconference Choices

- 6:00pm - 7:00pm
- **Therapy in the New World - Part 1**, Jeffrey Kottler Ph.D.
 - **Handling Ethical Disasters - Part 1**, Barbara Melton, LPCS
 - **Working with Borderline Personality Disorder**, Melissa Camp, LPC
- 7:15pm - 8:15pm
- **Therapy in the New World - Part 2**, Jeffrey Kottler Ph.D.
 - **Handling Ethical Disasters - Part 2**, Barbara Melton, LPCS
 - **The Therapeutic Power of Mindfulness**, Melissa Camp, LPC

July 28th

Talk Descriptions

(3 Lunch Session Choices Also Available)

- 9:00am - 10:15am
- The Unexplained Mysteries of Psychotherapy**
Jeffrey Kottler, Ph.D.
- 10:30am - 11:45am
- The Psychological Impact of Biological Diagnoses**
Woo-kyoung Ahn, Ph.D., Yale University
- 1:45pm - 2:45pm
- The Good, The Bad, and the Funny - A Mental Health Story**
Comedian Jessica Holmes
- 3:00pm - 4:00pm
- Trauma, Healing, and Making Care in Today's World**
Báyò Akómóláfé, Ph.D.
- 4:15pm - 5:30pm
- Promoting Mental Health Everywhere**
A Musical Performance by Steven Page

July 29th

Talk Descriptions

(4 Lunch Session Choices Also Available)

- 8:30am - 9:45am
- The Compassionate Inquiry Therapeutic Model** (*Presence, Safety, Attunement*)
Exploring the Unconscious Dynamics that Run Our Lives - Part 1
Gabor Maté, M.D. & Sat Dharam Kaur, ND
- 10:00am - 11:00am
- The Compassionate Inquiry Therapeutic Model** (*Memory, Stories, Beliefs*)
Exploring the Unconscious Dynamics that Run Our Lives - Part 2
Gabor Maté, M.D. & Sat Dharam Kaur, ND
- 11:15am - 12:15pm
- The Compassionate Inquiry Therapeutic Model** (*Trauma, Disconnection*)
Exploring the Unconscious Dynamics that Run Our Lives - Part 3
Gabor Maté, M.D. & Sat Dharam Kaur, ND
- 2:00pm - 3:00pm
- A Practical Approach to Compulsive Overconsumption in a Reward-Overloaded World**
Anna Lembke, M.D., Stanford University
- 3:15pm - 4:15pm
- Trauma & The Healing Power of the Creative Process**
Telisha Williams, M.S. & the Wild Ponies Band

Register online or download our mail-in form
www.lowcountrymhconference.com/register



Gabor Maté, M.D.

Renowned Addiction & Trauma Expert,
Bestselling Author, & Speaker



Jessica Holmes

Celebrated Comedian, Author,
& Mental Health Advocate



Steven Page

Iconic Musician
The Bare Naked Ladies & Solo Artist



Báyò Akómóláfé, Ph.D.

Psychologist, Author, Philosopher,
Professor & Leading Activist

FEATURED SPEAKERS

View all our speakers at
lowcountrymhconference.com/speakers



Jeffrey Kottler, Ph.D.

Bestselling Author &
Leading Psychotherapist



Woo-kyoung Ahn, Ph.D.

Professor of Psychology & Researcher
Yale University



Wild Ponies

Celebrated Folk, Rock & Roll, &
Country Fusion Band



Anna Lembke, M.D.

Chief of Addiction Medicine
Stanford University